

## Human Givens Institute

### Minutes of Human Givens Institute Board Meeting

- Date of Meeting:** Monday 10<sup>th</sup> September 2018 (7pm via Skype)
- Present:** Julian Penton (Chairing), Declan Lyons, Jane Tyrrell, Judith Desbonne, Carel Beynen, Atlanta Wardell-Yerburgh
- In attendance:** Sue Saunders
- Apologies:** Julie Lawrence, Ian Thomson, Ivan Tyrrell

#### 1. Declarations of interest

None

2. New board members Carel Beynen and Atlanta Wardell-Yerburgh were welcomed to their first HGI board meeting.
3. **Minutes & Matters arising**

**Implicit endorsement of external organisations/ websites etc.** – Julie Lawrence's proposed criteria for assessing suitability for endorsement/partnering were approved by the Board (also see point 8). Julian Penton agreed that he would be prepared to look into organisations that might come up in future.

Welldoing.org have offered HGI Registered Members a free three month trial of their therapist directory website, and are also featuring an article about human givens therapy on their website.

It was agreed by the board that this would help to raise the profile of the HGI as they will be actively helping to promote HG therapy on their website.

#### **Working group on managing trainee pre-registration**

The group have not managed to meet over the summer due to holidays. Julie is leading on this project and plans to get it off the ground shortly. The board agreed to carry this item over until the next meeting.

**Action: Sue Saunders to liaise with Julie Lawrence**

#### **CPD**

The working group is getting off the ground. Its aim is to consider whether the CPD policy needs updating CPD to ensure that any additions to HG knowledge from new research (through inclusion in the Journal) are absorbed by practitioners through discussion in peer supervision groups or possible further training.

#### **Recruitment of Board Members**

As aforementioned Carel Beynen and Atlanta Wardell-Yerburgh have now been recruited to the board. Carel Beynen will be representing our Netherlands members in addition to joining the Finance and Audit Committee. Atlanta Wardell-Yerburgh will be serving as the second Peer group representative in addition to joining the Finance and audit committee.

A request for applications from lay HGI members has now been added to the HGI website. A further expression of interest has been received from a potential lay member who will be interviewed.

### **Insurance Group**

This group is looking at working with insurance companies.

### **Conference**

Jane Tyrrell has sent the various delegate feedback to Denise Winn, who has agreed to help organise the content and speakers for the next conference.

Jane Tyrrell has contacted PTSD Resolution who are happy to consider a combined weekend event in 2019 (1 day each), with the HGI co-promoting. Agreed to move item to the next Board meeting for a fuller discussion. Denise to be invited to the next board meeting.

**Action: Jane Tyrrell**

## **4. Finance and Audit Committee**

The committee recently met and recommended to Board Members following the meeting that the accounts be approved and filed with Companies House – done 24<sup>th</sup> July 2018. The Board also formally approved Carel Beynen and Atlanta Wardell-Yerburgh as members of the Finance and Audit Committee. Jane Tyrrell reported that the income from the 2019 conference was £41,882 less £29,239 expenses resulting in a profit of £13,643 (an increase of £4,000 compared to the Dublin conference).

Jane Tyrrell has asked the Board to look at the rates that the college staff is reimbursed for work (currently £10 per hour). Jane has suggested a fee structure that can be taken to the finance and audit committee once the two new members are present. It was also proposed that the invoices for work completed by the College be quarterly rather than annually.

## **5. Recruitment of Board Members - update**

See matters arising above. The other applicant is understood to be from an academic background.

## **6. Statutory regulation of counselling and psychotherapy in Ireland**

Sue Saunders has applied for membership of the Irish counselling regulatory body that is in the process of being established –interested parties having been invited to apply – and is awaiting a response.

## **7. Branding of Human Givens**

Jane Tyrrell reported on the work the College are doing to rebrand HG organisations in order to strengthen our branding and raise our profile both nationally and internationally. A new website is being created to incorporate the new branding and unify the various HG organisations. Each individual HGI member is to have their membership number on their logo which will also strengthen the copyright of the branding. Work is in process to make this workable. Carel Beynen enquired about trademarking and how the new branding will be incorporated in the Netherlands contingency. A discussion ensued around when a graduate can call themselves an HG therapist, particularly with regard to people who have not completed Part 3 of the diploma, they are therefore still

trainees not on the HGI register. It is understood that the cost of registering with another organisation (the HGI) has been a barrier for some Netherlands graduates who already have to pay registration fees in the Netherlands. Carel will look into this further. Declan Lyons stated that guidelines will be required for how other organisations affiliate with the HGI.

**Action: Carel Beynen**

It was proposed that a working group be created to address some of the issues pertaining to overseas HG Dip graduates and HGI members. Initial thoughts are that members of the group should comprise Sue Saunders, Carel Baynen, and possibly Julie Lawrence and a USA trainee in order that members from the UK, Holland, Ireland and the USA are represented.

**Action: Sue Saunders and Carel Beynen**

*Declan left the meeting at 19.55 but it remained quorate.*

## **8. Endorsement of external bodies**

Julie sent out information in June 2018 on criteria for assessing organisations interested in being affiliated with the HGI – it was proposed that we also proactively seek out organisations that HGI would like to be affiliated with, i.e. Mental Health Foundation, MIND or similar. Jane Tyrrell will forward information to the Board.

**Action: Jane Tyrrell**

Atlanta Wardell-Yerburgh has offered to set up Dropbox for the HGI to make this information readily accessible to the board.

**Action: Atlanta Wardell-Yerburgh**

## **Registration and Professional Standards Committee update**

A recent complaint has highlighted some gaps in the regulation of trainees. A complaint made against a trainee was recently upheld and recommendations made for additional training. However, the trainee has now made a counter complaint against the HGI, which has had to be forwarded to the External Oversight Committee.

It is hoped that the recently introduced HG Diploma Week 3 / Part 3 training will help to address this. Diploma Students are now also expected to become members of the HGI and sign up to its Ethics and Conduct Policy.

The RPSC has recently been approached by an independent external consultant who is able to offer ad hoc advice on procedural queries and questions; they would be able to give advice and review our policies and procedures as well as offer training to the RPSC in managing complaints'.

The fees are £50 per hour, £250 for a half day training and £500 for a full day training, The board approved an initial 10 hours ad hoc advice to a maximum of £500 in the first instance.

**Action: Sue Saunders**

Atlanta Wardell-Yerburgh has offered to seek professional advice to refine the wording of the professional liability insurance for Board members to cover their responsibilities as regulators of HG therapists.

**Action: Atlanta Wardell-Yerburgh**

There has been an alert about an HG Diploma holder promoting themselves on their website as offering HG therapy when they are effectively a trainee, not having completed Part 3 of the diploma. Jane Tyrrell will draft a 'cease or desist' letter to this person after consulting Sue Saunders and Atlanta Wardell-Yerburgh on the wording.

**Action: Jane Tyrrell**

## 9. Peer Supervision Group (PSG) input to HGI Board

- Role of PSG board representatives
- Recent feedback from PSGs
- Guidelines for managing PSGs

No feedback since the last board meeting due to the summer break. Judith and Atlanta plan to meet face to face to agree strategies for dividing the work between them. A discussion ensued regarding the role of the PSG rep on the board.

**Action: Judith Desbonne and Atlanta Wardell-Yerburgh**

## 10. Other business

Netherlands outcome study data discussed. Carel to share information with the board.

**Action: Carel Beynen**

Judith Desbonne acknowledged Veronique's new role which offers a communication and support network to HG supervisors.

It was proposed that we plan Board Meetings a year in advance i.e. second Monday of the month to enable long term diary planning.

Alternatives to Skype were discussed at the start of the meeting such as Zoom, however this will incur a cost / only free for 45 minutes.

## 11. Next Meeting

– Monday 29<sup>th</sup> October at 7pm

16<sup>th</sup> September 2018 (JD)