

# Are you looking for a **counsellor**, **psychotherapist** or **play therapist** for yourself, someone you know or your child?

If so, then you may be wondering how you can **find a counsellor**,  
**psychotherapist** or **play therapist** that you can **trust** and who is  
**qualified** and **experienced**.

## Introducing The Professional Standards Authority (PSA) Accredited Registers programme



The main purpose of the PSA is to protect the public from harm by improving the regulation and registration of people who work in the health and social care sector. This includes counsellors, psychotherapists and play therapists that work both inside and outside of the NHS.

The PSA requires organisations to meet a minimum set of standards and when they do, the PSA places them on the Accredited Registers programme. The Accredited Registers programme helps you find a professional who is competent and qualified as well as safe and ethical.

Below is a list of the counselling and psychotherapy organisations on the Accredited Registers programme. You can look at each one to find a counsellor, psychotherapist or play therapist who is suitable for you and your needs.



[www.childpsychotherapy.org.uk](http://www.childpsychotherapy.org.uk)



[www.acc-uk.org](http://www.acc-uk.org)



[www.bacp.co.uk](http://www.bacp.co.uk)



[www.bapt.info](http://www.bapt.info)



[www.bpc.org.uk](http://www.bpc.org.uk)



[www.cosca.org.uk](http://www.cosca.org.uk)



[www.hgi.org.uk](http://www.hgi.org.uk)



[www.nationalcounsellingsociety.org](http://www.nationalcounsellingsociety.org)



[www.playtherapyregister.org.uk](http://www.playtherapyregister.org.uk)



[www.ahpp.org.uk](http://www.ahpp.org.uk)



[www.psychotherapy.org.uk](http://www.psychotherapy.org.uk)