

Do you know your 9 emotional needs?



Security

I feel safe



Attention

I can talk with people



Control

I get to make decisions



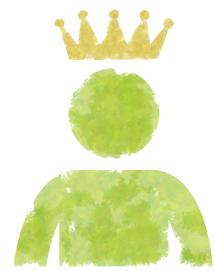
Community

I have friends / family



Intimacy

Somebody accepts me for who I am



Status

I am respected



Achievement

I do a good job



Privacy

I can be by myself



Purpose

I am learning new things