Minutes of the Board Meeting held on Thursday, 22nd January 2026 at 3 pm

1 APOLOGIES FOR ABSENCE - None

In attendance: Denise Winn, Ivan Tyrrell, Michelle Buckles, Abigail Darling, Graeme Layzell, Jennifer Broadly, and Elizabeth Nihan.
Resignation since last meeting: Joe Griffin, not present.
RPSC Report: Andy Tarrant, present from 3:30 until 4:09.

2 DECLARATIONS OF INTEREST
Human Givens Foundation (IT)
Human Givens Publishing (IT)
Human Givens Services (IT)

3 MINUTES OF THE LAST MEETING
Minutes of the meeting held on Thursday, 20th November 2025, approved.

4 MATTERS ARISING from the last meeting:

4.1 What qualities are we looking for in future board recruits? See below, 7.5(All)

4.2 Board meeting and interim 'action clearing' meeting dates, see schedule below and in HG Drive (JB) - all received.

4.3 Enhanced DBS checks: Update (GL)

GL agreed to process the EDBS applications for HG members and to ensure that an up-to-date database holds all DBS application information. He has written a consent form to cover data protection requirements (to hold members' data during the application process). He will hand this job over to the new HGI board secretary when they are in place and will continue to oversee the service. The new EDBS agency is called Care Check. GL said that the government are pushing for organisations to use it, so it is good to get ahead of the game. GL agreed to notify DW when he is ready to announce the service in the bulletin.

4.4 Conference: Update on the schedule and speakers (DW)

DW reported that planning is going well and a number of talks have been confirmed for across the weekend, including one from the RPSC on ethics. Bookings are open and have begun. Iain McGilchrist said he regretfully had to decline our request to become a patron of HGI, as he is doing so much and, indeed, can't take on any new commitments of any kind before July this year. He did, however, invite us to contribute information about human givens for him to put up on his website Channel McGilchrist. IT and DW are working on this.

4.6 Heard Care (online therapy provider): feedback: (AD)

AD has looked at the directory's website and is consulting an HG therapist who uses the service. AD will ascertain whether or not she would recommend it and if so, the board will again consider informing the membership via the bulletin. DW noted a potential confidentiality risk in using a directory of this kind, as its data may be hacked and ransomed, as has happened in Finland. AD to update at next meeting.

4.7 HG terms of reference and board structure: (EN and MB)

EN informed the board that she and MB had been holding off on filing documents (articles of association, etc.) to Companies House to see what the new PSA governance standard would be. However, the PSA has delayed and slowed the pace of change, and nothing will be released now until July. In light of this, EN and MB will proceed with preparing the required documents.
DW informed the board that, once finalised, the articles are filed with Companies House by the accountants.

4.8 PSA Accredited Registers day in April – (DW)

AD agreed to attend with AT.

Andy joined at 3:30pm
RPSC briefing note for the board

RPSC potential risks re: ethics

AT and MB clarified that things have moved on since the RPSC heads wrote the letter of concern regarding ethics and boundaries in November, and that the issues they raised can now be addressed in their talk at the conference.

AT confirmed he will attend the PSA day in Birmingham and will notify AD once he receives more information from the PSA.

AT explained the Report and that the new PSA standards are likely to be released soon. The major change will be the top-down approach to governance and culture. Another important consideration will be including register bodies' collaborations with other organisations in accreditation assessments. He thinks we will be in good standing here because of our partnership with PTSD Resolution. Regarding the PSA's requirement for registers to run university-accredited courses, AT reassured the board that he expects our HG educational director to be able to satisfy the PSA by updating them on progress in this area.

5 REGISTRATION AND PROFESSIONAL STANDARDS
5.1 RPSC Report and HGI Board Liaison (Andy)
5.2 Liaison role to RPSC has begun: Update (MB) - Confirmed

EOC update - DW asked AT for this. AT relayed that he is drafting an advert for new EOC members and will send it to DW in time for inclusion in this bulletin or the next.

Andy left at 39:40 minutes

6. PCPB REPORT (GL)

PCPB Commission 'Call for Evidence' is now open

GL explained that if we (HGI members) complete the PCPB questions, we have a good chance of influencing their opinion. GL and DW have agreed the wording and it will go out in the Bulletin and also go up in the 'latest news' section in the Members Area shortly.

CGG representative not present (they will be asked to attend from now on), DW and AD provided the report instead.

6 CLINICAL GOVERNANCE
6.1 Update on roles changes (AD, DW and MB)

AD's resignation has been accepted by the CGG. DW has started the role of Board Liaison to the CGG. MB has started the role of Board Liaison to the RPSC.

6.2 CGG Report

The board reviewed the CGG report.

6.3 Records Retention Policy and Complaints, time limitation, proposed new wording (DW, AD)

DW has resolved the issue regarding note retention following a discussion with the CGG at their recent meeting. New wording has been approved by the CGG.

7 CORPORATE GOVERNANCE
7.1 To receive an HG Strategy Groups update (JB)

JB reported progress from the strategy sub-groups; the charity group is developing ideas to fundraise via webinars, they are calling the "Triple triple," for three target audiences: charities, businesses and individuals, with three topics each. To be advertised to the HG membership, asking them to forward to their contacts who may be interested.
The marketing group passed an action to the College to market to coaches, which, unfortunately, has not been fruitful and has been discontinued. DW reported that the marketing group has two new, well-qualified, and enthusiastic members. Gareth has been chairing and can no longer do so. It was proposed that further discussion be held on leadership and the need for funding to hire staff to handle the substantial workload required for more effective marketing. Add to agenda for next meeting.

JB reported that two applications for charitable funds were made, both unsuccessful. This is not surprising, given the low hit rate. Again, JB emphasised that funds are needed to pay someone full-time to handle grant applications; the aim is 6-8 per year.

7.2 Financial update, increasing membership fees? (JB)

Postponed to the next meeting.

7.3 To review the HGI Risk Register (All)

The Risk Register dated January 2026 was reviewed during the meeting; some changes were noted and will be passed to AT.

7.5 Recruitment of new board members (All)

The board discussed the pressing need to recruit people with the right skills to the board, the Foundation, and the Strategy and Marketing sub-groups. Further discussion is required and item to be added to agenda for next meeting.

7.6 Matters needing responses between meetings (DW)

Not addressed. Deferred to the next board meeting.

8 HGI ADMINISTRATION

8.1 Recruitment of a new membership secretary: update (DW)

A promising applicant has been offered the job. DW reported that we are awaiting her answer. JB confirmed that the new membership secretary role will include administrative support to the board, including minuting meetings and sending out the board pack and agenda. EN accepted responsibility for managing this person.

8.2 Membership and Registrant current numbers (figures attached below)

9 Any Other Business

9.1 To discuss the date for the next Live Webinar (JB)

Deferred to next meeting.

9.2 Presenting the HG organisation as more “friendly”.

DW said she will add directors’ pictures to the Bulletin and include a link to the website page with all information on board directors.

9.3 AGM - 19th February

DW has requested a report from the CGG

9.4 How to present AGM

A discussion was had, and it was decided to keep the AGM simple. A one-hour online meeting with ten minutes each for the various committees to report, followed by an appeal to members to volunteer for committee roles to support the organisation in its functioning and transitioning to a CIO. EN and JB to prepare the agenda and presentation. JB to steer the AGM. GL will coordinate with Gareth to put together a report on the PCPB and Scoped together. DW will contact Arlene to put a 'save the date' notice out tomorrow (23/01/2026). MB will request a short report from the RPSC from AT.

9.5 Select Chair for next meeting.

EN to Chair and minute, with the assistance of the new membership secretary. Minuting to be handed over to them when appropriate.

Date of Next Meeting: Thursday, March 19th 2026, at 3pm

HGI Membership Figures, as at 12th January 2026

MHGI scoped column A
Practising - 293
Non Practising - 9

MHGI scoped column B
Practising - 9

MHGI scoped column C
Practising - 3

Total MHGI practising members = 305
Total MHGI Non practising members = 9

FHGI scoped column A
Practicsng - 8
Non Practising - 5

FHGI scoped column B
Practising - 1

FHGI scoped column C
Practising - 1

Total FHGI practising members = 10
Total FHGI Non practising members = 5

GHGI Trainees
Practising - 50
Non Practising - 7